

## Post Sedation Instructions

Dr. Gregory Eller, DMD PC  
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Kalispell, MT 59901  
Office: 406-752-1107

- 1: The patient cannot drive for 24 hours after sedation.
- 2: Do not operate any hazardous devices for 24 hours. This includes cooking, power tools, even making coffee. They should do nothing that involves sharp instruments, knives or tools or involves anything hot.
- 3: A responsible adult should be with the person until he/she has fully recovered from the effects of the sedation. The patient should not do anything that requires a responsible adult; this included taking care of children or signing legal or financial document or papers.
- 4: The patient should not go up or down stairs unattended. Let the patient stay on the ground floor until recovered.
- 5: The patient can eat whenever or whatever they want. If they had amalgam, silver fillings, they should not chew anything for 4 hours. They can have soup or milkshakes until the 4 hours has passed.
- 6: The patient needs to drink fluids, as they did not get any liquids while we were working on them.
- 7: The patient should not be allowed to sleep. If they snooze, wake them at least every 10 minutes. If they are snoring wake them. Do not leave them alone. Do not let them sleep in the car on the way home. Do not let them smoke. If they dose off with a cigarette, they could start a fire.
- 8: Always hold their arm when they are walking. They will tell you they are back to normal. They are not.
- 9: Call us if you have any question or difficulties. If you feel that their symptoms warrant a physician and you are unable to reach us call 911 immediately.
- 10: Please be sure to use seat belts on the way home. Go directly home; do not stop and leave the patient alone in the car.
- 11: If you have any questions or concerns, please call our office at 406-752-1107. After hour emergency numbers are Dr. Eller's cell: 406-871-9108.

Thank you!

Name: \_\_\_\_\_

Date \_\_\_\_\_